**HOUSTON COUNTY RESOURCE LISTING**

**Houston County Human Services** 304 S Marshall St Rm 104; Caledonia, MN 55921

Office Hours: 8-4:30 pm M-F; 725-5811 *Child Support* 725-5811 Ext 1339 *Public Health* 725-5810

Assist with: Medical Coverage, Cash Assistance, Supplemental Nutrition Assistance Program (food), limited Emergency Assistance, Child Care Assistance, Child Support, Disability Services, and Social Services

<http://www.co.houston.mn.us/DHS.aspx> (Houston County Human Services)

[http://www.co.**houston**.**mn**.us/Documents/PHN/specialprograms.pdf](http://www.co.houston.mn.us/Documents/PHN/specialprograms.pdf) (For further resource listings)

**Semcac Administrative Office** 204 S. Elm St. P.O. Box 549; Rushford; 507-864-7741 Hours: 8-4:30 pm M-F

Assist with: Emergency Assistance, Energy Assistance, Housing, Senior Services, and Transportation

**Food Shelves/Food Programs**

**Houston County Food Shelf Caledonia(SEMCAC)** 138 E Main St 507-725-3677

Tues. 9 – 12, 1 – 6 and Thurs. 9 – 12, 1 – 4 *Must have ID*

**Fillmore County/Rushford Food Shelf(SEMCAC)**  113 E. Jessie St. P.O. Box 549 507-864-8224

Tues. and Thurs. 9-4pm (Closed 11:30-12:30)

**Prince of Peace Church food shelf** 21 N Hill St; La Crescent 507-895-4440 M-F 9-12, 1-3 MN ID required

**Hokah Food Shelf** 57 Main Street; Hokah 507-894-2665 1st/3rd Sat in Month 9-12 pm

**WAFER /La Crosse, WI** 403 Causeway Blvd 608-782-6003 M-F 10-12:45 pm, M, T, Th 4-7:45 pm

*Available to La Crescent Residence- must show piece of mail in your name, ID, names and DOB for all in home*

***Meals on Wheels*** *Caledonia* 725-3351 *Eitzen 725-5330 Hokah 894-4301 Houston 896-3159*   *Spring Grove 498-3385 LaCrescent Crestview 985-6585 Rural Homes (Mom’s Meals)* 1-866-204-6111

***Senior Dining Program*** *Caledonia- 507-725-5330 (United Methodist Church) Eitzen 507-495-3533 (Community Building) La Crescent 895-6585 (Community Center) Spring Grove 498-3385 (American Legion)*

**Energy Assistance**

**Fuel Assistance (SEMCAC)**  1-800-944-3281

**Weatherization (SEMCAC)** 1-800-944-3207

**Transportation**

**Rolling Hills Transit and Volunteer Driver Program (SEMCAC)** 1-800-528-7622

**Clothing**

**La Crescent Methodist Church** 520 N Elm St 507-895-2373 M- F 9-3 pm (Appoint. Only)

*Clothing available for elementary children*

**Twice Is Nice- Woodland Industries** 521 Old Hwy Dr; Caledonia 507-725-2092 M-F 9-4:30 pm

*Clothing, shoes, household, books reasonably priced*

**Women’s Clothes Closet** - **Our Saviors Lutheran Church** 612 Division; La Crosse 608-784-5745

*Free clothing for Women entering the workforce*  Mon 9-3pm, Tues. 2-7pm, Sat. 11-4pm

**Housing**

**SEMCAC**  138 E. Main, Caledonia (507) 725-3677 *Rental and deposit assistance*

**Salvation Army: La Crosse**

**Thrift Store:** 728 Copeland Ave 608-784-1421 *clothing, some household*

**Emergency Shelter and Meal Program:** 223 North 8th St. 608-782-6126- 365 days a year

Office Hours: 8 to 4:30 M-F Meal Times: Lunch- Monday-Friday 11:30 a.m. - 12:00 p.m.  
 Saturday-Sunday 12:30 p.m. - 1:00 p.m. Dinner- Monday and Wednesday - Sunday 4:30 p.m.

**Salvation Army: Rochester**

**Store:** 201 9th St. SE 507-281-1561 **Emergency Shelter:** 20 NE 1st Ave 507-288-3663

**Rental Assistance Section 8 (SEMMCHRA)** Tammy Moyer 134 East 2nd St; Wabasha 651-565-2638 ext. 210

**Healthcare**

**Express Care** (Gundersen Lutheran) M-F 8-6:30pm Sat 8-4:30pm Sun 9-3:30pm Both inside Festival Foods: 1260 Crossing Meadows Dr.; Onalaska 608-782-7300 or 2500 State Road 33; La Crosse 608-782-7300

**St Clair’s Health Mission** 916 Ferry St; La Crosse608-392-9544 T & Th 5-8:30 pm

*Serving individuals with no insurance of any kind; must fall at or below 150% of federal poverty guidelines*

**Bluff Country Family Resources** 114 Main Street; Hokah Office: 507-894-2676 M- F 9-5 pm

*Services for victims of domestic and sexual violence* ***\*24 hr. Crisis Line 866-367-4297***

**Task Takers (Spring Grove Communications)** 507-498-TASK

*Transportation, local shopping, caulking/weatherization, handyman services, move heavy items/rearrange, light cleaning, window washing, decorating, organizing, companion/visitor services, yard work and shoveling.*

**Red Cross:** Scenic Bluffs Chapter; La Crosse 877-618-6628

**Catholic Charities** 111 Market St, Suite 2; Winona 507-454-2270

**Great Rivers 211** 1**-**800-362-8255

**Senior Linkage Line**  1-800-333-2433 8am- 4:30pm Monday –Friday; can leave messages 24hrs

**Disability Linkage Line** 1-866-333-2466 8:30am -5pm Monday-Friday

**S.S.D. Advocates** (social security) <http://disability-advocate.com>

**Disability Professionals, LLC** Dennis Teachout 600 Reed St., Suite 106, PO Box 3408; Mankato

866-678-1832 OR 507-625-1832

**Outreach Services -** Healthcare Advocates 800-417-4845 [www.outreachservices.com](http://www.outreachservices.com)

Minnesota Office: 4294 Dahlberg Dr., Golden Valley, 612-332-6773

**Southern MN Regional Legal Services**: New Clients call: 1- 888-575-2954

**Winona Social Security Office** Choate Bldg. 53 E 3rd St, Suite 307, Winona, 1-877-600-2853

*Help in filling out Social Security Application or filing an Appeal*

**Workforce Development Inc.** 110 E Grove St; Caledonia 800-657-4629 OR 507-724-5231

**Credit Counseling Center of La Crosse** – 505 King St. Suite 212, La Crosse, WI 608-784-8380

**Apply for Healthcare/Questions: MN Sure 1-855-366-7873 8am-8pm M-F, 9-4:30 Sat or www.MNsure.org**

**MN Care** 1-800-657-3672 **Straight MA**  1-800-657-3739

**Medica** 1-800-373-8335 - Delta Dental 1-800-459-8574 - Medica Provider Ride 1- 800-601-1805

**UCare** 1-800-203-7225 - DentaQuest 1-800-235-0564 - Transportation Assistance 1-800-864-2157